Celebrating Education Week
This is the 60th year public schools have celebrated Education Week and the theme for celebrations way back then was “Lighting the way to a better world”.

This year Education Week will be celebrated next week with the same theme. Our school would like to invite you and your family and friends to join us for a bacon and egg or sausage sandwich breakfast from 7.30am on Thursday 31 August 2014. Students will then entertain us at a special assembly at 9.15am. A display of student projects will also be open in the school library and each class will be planting trees or shrubs in the school garden to help our school create “a better world”.

Happy Harold to Visit
The Life Education Van is visiting our school during weeks 4 and 5 starting on 6 August 2014. This program is supported by classroom learning in Personal Development and Health. The cost of this program is subsidised by the school to ensure the participation of all students. Please return your note and money promptly.

New Syllabus
Our staff are continually updating their skills and knowledge so that we provide the best learning experiences for our students. Staff are currently implementing the new English Syllabus and learning about the new Maths Syllabus which are aligned to the National Curriculum documents released across the country this year. We are also examining current teaching practices across our school in line with this new learning and thinking which is based on current research in teaching and learning.

Take your mark, set.. Bang!
Excitement is increasing about our school Athletics Carnival this Friday 25 July 2014. Students have been practising for field events, increasing their endurance and learning their House Slogans. We’re ready for action and hope you can join us for all or part of the day at EJ Biffin Fields this Friday.

Principal’s Report
www.nambuccahd-p.schools.nsw.edu.au
Email: nambuccahd-p.school@det.nsw.edu.au

Term 3
Week 2
23 July 2014

Calendar of Events

JULY
25 School Athletics Carnival
31 Education Week Breakfast & Assembly

AUGUST
1 District Athletics
6 & 7 Life Education Van
11 & 12 Life Education Van
15 MNC Athletics
20 P&C Meeting
26 Book Fair & Book Character Parade
29 NC Athletics

SEPTEMBER
2 Performance “Ghana Beat My Drum”
7-12 Canberra Excursion
8-10 GABC Excursion
**Kindergarten Enrolments for 2015**

As promised last week, here is more information about Kinder 2015 Orientation. We are always delighted to welcome the new Kinders each year. I feel it is important for the new students to have lots of contact with the school before they come so they are comfortable in their new school setting.

There is a flyer with all the important information and dates about orientation at the office. These flyers are also distributed to the local Preschools. If you have missed out and have a child starting school next year please drop into the office and collect one.

Also if you have a neighbour or a friend who has a child starting school next year, please mention to them to drop into the school for all the essential orientation information.

It is also not too early to drop into the school and collect enrolment forms and information. If you have any questions about enrolment please don’t hesitate to contact the school.

Morelle Makinson (Stage 1 Co-Ordinator)

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**Maths Activity for the week**

Remember cooking is a great way to learn about quantities, oven temperatures and even as a recipe reading activity. There is even a lot of science in the cooking process and something that can be interesting to research and find out about. Following recipes and measuring out ingredients helps students understand about mass concepts. And the really good part is you get to eat the result of your math’s and science project.

So healthy eating and happy cooking this week.

Try this old favourite.

Mrs Makinson (Stage 1 Co-Ordinator)

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**Lunchbox Tips**

For a balanced lunchbox we suggest:

- A main meal (sandwich, wrap, salad) containing veggies and a protein food (meat fish, chicken, egg, cheese)
- A piece of fruit
- A healthy snack (eg veggie sticks)
- A drink (water is the best choice)
- An extra snack can be included once a week. Try to reserve these for days when your child needs more energy.

For more ideas visit www.healthy-kids.com.au

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**PHOTOS**

Order forms are now available from the office to order Captains & Prefect photo and Year 6 photo. Cost $12

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**2013 Year Book**

We still have a few 2013 year books left if you would like a Copy. Cost $30

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**TUTTY’S**

**CONCRETE WATER TANKS & CONCRETING**

Call Mitch: 0423 315 051

Valla

Shed Slabs • House Slabs
Driveways • Paths • Stencil & Exposed • Suspended Slabs & Footings • 45,000lt concrete tanks • 90,000lt concrete tanks
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**Pete & Ksenia’s Fruit & Veg**

*The greengrocer who comes to you. Select your own fruit and veg. Very competitive prices*

No delivery fee

Phone orders are welcome

Delivered after hours

0468 369 958 or 6568 8069

A LOCAL BUSINESS
What’s going on in Stage 1?

This Term as a class unit of work Years 1 and 2 are talking about from the paddock to the plate to think about where food comes from. It always makes us smile when we ask the question “Where does your food come from?” and get the answer – the supermarket!

The importance of good food and healthy eating is promoted on a daily basis at the school in a variety of ways.

- The school encourages students to bring healthy food to school for morning tea and lunch. Many of the classes have a fruit break during the morning to help maintain the student’s attention on their tasks by meeting the basic need for food with a healthy snack.

- Our canteen provides healthy options for a bought lunch or morning tea.

- Last Wednesday when it was cold Miss Hollister and 1H were tantalizing our senses with the smell of fresh bread. I can’t think of a more enticing warm smell. Well done 1H! I wonder how many 1H households made their own bread this week?

- Clayton Donovan has promoted healthy eating through his cultural awareness sessions with Stage 1 classes. Last week the students learnt how to make scrambled eggs. A simple and healthy meal to prepare that even the students can have a hand in making. How exciting that the students are learning to cook from an international chef and TV celebrity!

Hopefully all our promoting of healthy eating will pay off in the long run and the students will have long and healthy lives as they fuel themselves with a balanced and healthy diet.

C & D Coffs Landscaping
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Chris Oldfield
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02 6569 6799

Johan van Es
0401 720 736

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Mobi: 0411 465 391
kalangsmash@gmail.com
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Canteen Roster
Thursday 24th
Rachel Gore
Friday 25th
Sports Carnival
( Helpers Please)
Wednesday 30th
Helen
Thursday 31st
???

Mia Morrison & Rachael Purcell 1H planting chokos

Saibe Steele & Trey Sampson budding bakers

Zade Wright 1H planting chokos

Zouga Birse, Requia Campbell & Ryan Faulds K-1 Rockets with their farm.
Stars of the Week Friday 18th July 2014


Students of the Week
Ace Challenor, Rowan Cook, Cheyenne Baker, Asha Glen, Caldyn Powlesland, Saibe Steele, Ben Mander, Drew Nicholson, Elly Johnson, Logan Mackney

School Awards
Hannah Johnson, Dominic Lambie, Azhure Snowden, Kade Scarth, Taj Williams, Zac Mackenzie, Breeanna Knight, Carly Robins, Maliq McGrath, Lydia Peterson

Assistant Principal's
Carly Robins (below)

Dont forget to pick up a new School Hat $10

Where’s Seemore Competition
Answer: 7
…..and the Winners are:

Yrs K-2
Blake Ahearn
Yrs 3-6
Jaxx Eadie

Competition will run each week so get your entry in!

$2 Canteen Voucher will be given out at Friday’s Assembly following result in Newsletter.

Lost Property
Please check the lost property box located at the students entrance to the office. It is overflowing.

Nambucca Boatshed & Café
CAFÉ
Breakfast, Lunch, Coffee & Cake

Tackle Shop
Rods, Reels, Bait, Boat/Kayak Hire and all your fishing/boating requirements.

Phone: 02 6568 6511
Tackle Shop: 02 6568 6432

Riverside Drive, Nambucca Heads. Next To The RSL
Community Announcements

BOOK CLUB
Orders Due by Monday 28th July

I love Book Club

POSITIVE PARENTING PROGRAM:

THERE IS a less stressful and more successful way to parent!

When you didn’t get the parenting manual you hoped you’d receive when your child was born, the Triple P approach is “the closest thing to it!”

Triple P is the Australian developed, Positive Parenting Program which has over 30 years of evidence based success. It is currently used in 24 countries, with material available in 18 different languages.

Triple P aims to promote positive, caring relationships between parents and their children (aged 3 to 8 years) by providing tips on how to prevent and/or deal with everyday parenting issues.

Nambucca/Burringah Family Support Service, supported by Families NSW, will be running the Triple P Seminar series at Macksville Public School on 5th, 12th and 19th August 2014.

This Free Seminar Series will be held between 10am and 12 noon in the school hall and includes information about:

- The use of assertive discipline, realistic expectations and taking care of yourself.
- How to help children develop skills, values and a healthy self-esteem.
- Information on emotions and the development of coping skills.

Please note FREE childcare is available ...... However prior bookings are ESSENTIAL as spaces are limited.

To find out more or book in, please call Terri or Sue on 66581474 during office hours. If phone unattended please leave message and we will call you back.

Jaaning Tree

We have started our pop up dinners!
If you would like to know the dates, location and menu for our upcoming pop up simply visit our website and join our Food and Wine Club.
You will receive a newsletter via email with all the details.

dine@jaaningtree.com.au    www.jaaningtree.com.au

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& Pink Slips
See Jim or Wayne
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SPORT

State Cross Country

The State Cross Country was held in Sydney last Friday 18th July.
Bella Ronan finished 66th in the 11 Year Girls Division. Bella has qualified for the State Cross Country two years in a row.

Well run Bella!

School Athletics Carnival

This Friday 25th July the School Athletics Carnival will be held at the EJ Biffin Fields. All children should have received a note last week with full details of the carnival. If your child didn’t receive a note please come and see us. A program of events is included in this newsletter and is also on the school website. Current school records are also on the school website. (Go to Calendar – School Athletics).

If the weather looks doubtful please listen to 2CS on Friday morning. The weather is a little hard to predict at the moment, it can be raining one minute and sunny the next. If the carnival is postponed children should come to school as normal because we may be able to run off some events at school.

This weeks quote:

If you are not willing to learn no one can help you. If you are determined to learn no one can stop you.