What a busy week it’s been
Our talented sports people have been out representing our school, displaying not only their skills but also their great sportsmanship and behaviour.

A number of staff have had some training and development opportunities. This knowledge will be transferred to all staff in coming weeks.

Mufti Day today!
Our children once again supported the day brilliantly. All money raised will go towards new microphones and lights for the hall.

Staff Visit Valley of the Mist
On Saturday all staff attended a Staff Development Day at the “Valley of the Mist” farm at Congarinni. This was a day to develop cultural awareness and learn about local history. There was also time to walk through the plantation of bush tucker and bush medicine and sample some of the produce. What an interesting and informative day. Thank you Dennis and Marilyn Ryan for an excellent morning.

Too Sick for School?
It is often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety’s sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser www.bit.ly/1hytn2E.

Quite a number of students and staff are sick at present so please remember to wash your hands and cover those mouths when you cough.

Don’t forget next Monday is a holiday for the long weekend.

Mrs Bonventi
Relieving Principal

Principal’s Report

Calendar of Events

JUNE
5  Pet Education
6  NC X-Country
9  Queens Birthday Holiday
11  Debating
17  SRC Cake Stall
18  Debating
18  P&C Meeting 6.30pm Hall
24  NAIDOC Day Celebrations
27  Last Day of Term 2

JULY
15  Students Return Term 3
18  State X Country
25  School Athletics Carnival

CANTENE ROSTER

Thursday 5th
Rhiannon Weaver
Friday 6th
????
Wednesday 11th
Helen
Thursday 12th
Mel Jarrett
Friday 13th
????
Public Speaking

I have been very fortunate to have the opportunity to tutor 33 students in the Multicultural Speaking Competition. Last Tuesday we held our local final in the hall. It was a fiercely contested competition with every contestant performing well. The two Stage 2 students who will be representing our school in the regional final at Frank Partridge VC Public School on Wednesday 25th June will be Will McKinney and Breeanna Knight and the Stage 3 students are Hannah Donnelly and Domynique Byrt.

Mrs White

ATTENTION!

Payments

Work Books
Payments are overdue.
Reminder Invoices have been sent home. The P&C have subsidised these workbooks to keep the cost affordable for families.
We would appreciate your payment ASAP.

School Contributions
Reminder Invoices were sent home recently. Don’t forget, you will receive one complimentary 2014 Year Book per family for your contribution.

Year 3-4
GABC Excursion
8th - 10th September
This excursion can be paid in instalments anytime.

Year 5-6
Canberra Excursion
7th - 12th September
Payments can be made anytime for this excursion. If you make weekly, fortnightly or monthly payments you will have it paid off in no time.

Online Payments
Don’t forget you can make online payments for excursions and other school activities. Just log onto the school website at www.nambuccahd-p.schools.nsw.edu.au. Select Make a Payment. When you get to payment options, just select the appropriate dissection.

Live Life Well @ School

Children and Food Advertising: a good reason to reduce screen time.

Did you know …
Children in Australia are exposed to large amounts of food advertising during children’s viewing times on television.
The majority of this advertising is for foods that are unhealthy and of low nutritional value.
This advertising can increase children’s requests and preference for these products and does not support parents trying to provide healthy food choices.
This advertising is not limited to television but also occurs on children’s websites on the internet. *

What can you do?
Limit children’s screen time to the recommended amounts, that is less than 2 hours per day.
Model less screen time to your child, for example, not turning on the TV as soon as you arrive home, or turn the TV off after a show has finished.
Make a list of other activities your child can do.
Monitor what your child is viewing.

For more information – www.cfac.net.au; www.childrenandmedia.org.au/resources

*Source – Children’s health or corporate wealth? A briefing paper by the Coalition on Food Advertising to Children (CFAC) 2007

TUTTY’S
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Driveways ★ Paths ★ Stencil & Exposed ★ Suspended Slabs & Footings ★ 45,000lt concrete tanks ★ 90,000lt concrete tanks
Tanks built on site

Pete & Ksenia’s Fruit & Veg
The greengrocer who comes to you. Select your own fruit and veg. Very competitive prices
No delivery fee
Phone orders are welcome
Delivered after hours
0468 369 958 or 6568 8069

A LOCAL BUSINESS
1-2M Like Their Premier’s Reading Challenge Books

I liked Tree Danny Parker because the illustrations were cool.

I liked Diary of a Wombat by Jackie French because it is funny and it is cute.

I liked Mr. McGee and the Big Bag of Bread because the book was funny and the pictures had animals.

Our Daft Dog Danny is a great book because the dog Danny bit the cat it was funny. I give it 5 stars out of 5.

I liked Diary of a Wombat because it was very funny and had good pictures.

I liked Our Daft Dog Danny because of the illustrations.

I liked Just an Ordinary Day because it was good and had great illustrations.

Quote of the Week

Difficult doesn’t mean impossible. It simply means that you have to work hard.

Drama at School

Stage 3 students were entertained by Year 9 Drama students from Nambucca Heads High School on Friday. The High School students provided a number of activities which supported the senior students in their transition to high school. It was most helpful but particularly a lot of FUN.

Native Bee Seminar

A big thank you to Toby Smith for a very informative talk on Native Bees of Australia. Our classes were absolutely engrossed and we learnt that there are 2,000 varieties of Australian Native bees which are situated throughout Australia.

Mrs White

Quote of the Week

Difficult doesn’t mean impossible. It simply means that you have to work hard.
Stars of the Week Friday 30th May 2014

Saffron Knight, Keyna Ward Forest

Student of the Week
Lucas Dumas, Marli Weimer, Kade Scarth, Mackenzie Glen, Jamie Keppie, Zoey Guerke, Charlotte Locke, Jordan McPherson, Taj Reynolds, Kobi Ford

School Awards
Brody Faulds, Connor Green, Carter Lambie, Lily Hollister, Lily Kelsey, Lochie Heighington, Charlie Anliot, Ryan Faulds, Riley Martin, Patrick Noonan, Holly Lugnan, Lucy Green, Jayda Rixon

Where's Seemore Competition

Answer: 9

…..and the Winners are:

No winners last week
Better luck this week.

Competition will run each week so get your entry in!

$2 Canteen Voucher will be given out at Friday’s Assembly following result in Newsletter.
**SPORT**

**Group 2 Rugby League**

Yesterday a large convoy of cars headed north to the Group 2 Rugby League Carnival at Rex Hardaker Oval in Toormina. Twenty-nine eager boys took on teams from the Coffs Coast district in a torrid battle in muddy conditions. Every boy performed to the best of their ability and proudly wore the Nambucca Heads jersey. Congratulations to the experienced footballers who assisted their team mates to learn more about the game. We unearthed some great future stars.

A massive thank you to our parents and grandparent support network. Without you giving up your valuable time we would not have the educational and fun opportunities we do. Thanks to Tamieka Stokes, Kristy Beehag, Glen Jones, Shane Eadie, Glenys Mackney, Eileen Petrov, Brad Wilson, Lailanih Thompson, Kathie McKinney and Tracy Welsh for your wonderful help and support.

The boys all enjoyed the day and if the amount of mud on their jerseys was an indication of their commitment yesterday, my bath tub is a testament to their effort.

*Mrs Fenning*
SPORT

Mid North Coast Touch Football
Last Monday 2nd June Koelby Welsh, Monty Wilson, Jackson Crebert, Bella Ronan and Dakirra Williams attended the Mid North Coast Touch Football Trials. All tried hard with some great skills being displayed. Congratulations to Jackson for being selected to attend North Coast Trials.

North Coast Cross Country
The North Coast Cross Country will be held this Friday 6th June. Bella Ronan, Ella Williams, Marli Bateman and Jemma Wilson will be running at this carnival. Good luck girls.

PSSA Sport
Netball
Nambucca Primary School has been very busy with Representative Sport. Our school organised a Netball Gala Day, which included seven other teams from near and far. The A Team made it to the final against South West Rocks but was unfortunately defeated 21-1.

Basketball
Nambucca played Frank Partridge VC in the first round of PSSA basketball. The boys outplayed Frank Partridge, however, the other team had a couple of “hot shot” shooters. It was a very exciting game with a final score of 29 to 16 with a win to Frank Partridge.

NAMBUCCA VALLEY FAMILY DAY CARE
Do you need before or after school care for your child?
Nambucca Valley Family Day Care currently has a qualified and experienced educator available within Valla beach.

Please contact us on 6569 4222 for further details

BOOK CLUB
Orders due Friday 6th June

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