Principal’s Report

Next Year’s Kinders Enjoy Another Visit
Our 2015 Kindergarten students visited school today for their third Orientation Visit. Our newest students have met many of our staff and seen many of our learning spaces. With our focus on Point of Need Learning, students have the opportunity to work with a variety of staff with the learning program they need at that point in their learning. This is innovative and exciting work for our students and staff!

Thank You for All Your Support
Thank you to the huge number of people who volunteer their time to assist our students throughout the school year. Our students and staff want to formally thank our helpers at Morning Tea this Friday at 11.00am in the school hall. We’d love to see you and hope you can join us for Morning Tea and the Assembly that follows at 11.30am. Thank you also to Mr Peter James who is working with 3/4B while Mrs Buchanan is working on Alternate Duties.

Combined Scripture
Our final Scripture lesson for this year will be a combined lesson in the hall on Wednesday 26 November at 11.30am. All students who usually attend Scripture will be involved with their scripture teachers.

Carol Evening at School
Keep Wednesday 3 December 2014 a free evening for our School Carol Evening. We’ll start at 5.00pm with a sausage sizzle and then some community singing with about 200 special guest artists – our students!

Have you bought your School Hat yet?
$10
Comprehension help for teens
Some kids will read perfectly in primary school and then suddenly struggle with comprehension in high school. Here's why.

Planning for the future
Throughout your child's school life you'll need to make choices about aspects of their education and future. Here's a selection of tips to help you plan for parent-teacher talks, subject selection, careers advice and back-to-school.

Kids, homework and lies
Do you think your child is lying about their homework? Listen to psychologist Anne Hollonds chat with James O'Loghlin on what to do when the dog eats the homework.

Universal Children's Day
Children's Day is recognized on various days in many places around the world, to honor children globally. It was first proclaimed by the World Conference for the Well-being of Children in 1925 and then established universally in 1954. Nearly 25 years ago, the world made a promise to children: that we would do everything in our power to protect and promote their rights to survive and thrive, to learn and grow, to make their voices heard and to reach their full potential. Our children are very fortunate to be living in a lucky country where they are protected, safe, have rights and have access to a great education. We were all children once and I am sure we all share the desire for the well-being of our children, which has always been and will continue to be the most universally cherished aspiration of humankind.

BOOK CLUB
Orders due by Thursday 20 November

TUTTY’S
CONCRETE WATER TANKS & CONCRETING
Call Mitch: 0423 315 051
Valla

Shed Slabs ★ House Slabs
Driveways ★ Paths ★ Stencil & Exposed ★ Suspended Slabs & Footings ★ 45,000lt concrete tanks ★ 90,000lt concrete tanks
Tanks built on site

Pete & Ksenia's Fruit & Veg
The greengrocer who comes to you. Select your own fruit and veg. Very competitive prices
No delivery fee
Phone orders are welcome
Delivered after hours
0468 369 958 or 6568 8069

A LOCAL BUSINESS
Sport and physical development

Brain boost: Sport and physical activity enhance children’s learning

Sport and physical education is fundamental to the early development of children and the skills learned during play, physical education and sport contribute to the development of young people. Through participation in sport and physical education, young people learn about the importance of values such as:

- honesty,
- teamwork,
- fair play
- respect for themselves and others, and adherence to rules.

Did you know?

In NSW, only about a quarter of children aged between 5 and 15 years do at least 60 minutes of moderate to vigorous physical activity each day. Boys in Years 6, 8 and 10 are more active than girls, however physical activity declines with age.

How to help kids and teens be more active

- Be a good role model and have a positive attitude to being active. If your children see you enjoying physical activity and having fun, it can motivate them to participate.
- Encourage them to play in the backyard, dance to music, ride a bike or get involved in vigorous activities like running, swimming or playing sports like soccer, netball or basketball.
- Make time to be active as a family – walk to the local park, go bike riding or take the dog for a stroll.
- Encourage ‘active play’ by buying gifts that get kids and teens up and moving, such as balls, bats, skipping ropes and other equipment. It also helps them develop and practice new skills.
- Park some distance away from your destination – school, sport or the shops – and walk the rest of the way.
- Make sure kids have an opportunity to be active after school, either through active play or organised sport.
- Encourage kids to try different sports or activities so they can find one or more that they really enjoy and want to continue with.
- Start slowly and build up the amount of physical activity that your children do, particularly if they haven’t previously been very active.
- Limit the amount of time that kids spend on ‘small screen’ entertainment – such as watching TV, going online or playing computer games – to no more than 2 hours a day.
- Kids should wear hats, appropriate footwear and 30+ sunscreen when they’re being active outdoors.
- Make sure they drink plenty of water when they are physically active or playing sports.
- An active lifestyle is fuelled by healthy foods – make sure your children make healthy food and drink choices and limit foods that are high in added sugar, salt and saturated fat.

World Kindness Day

World Kindness Day was last week 13/11/14. This day is about little gestures of kindness. Helping others can give you a warm fuzzy glow. It makes you feel good.

Kindness Day was born when a collection of humanitarian groups came together on November 13, 1997 and made a “Declaration of Kindness”. We too can make a declaration or we can go out and do something kind. Think about holding a door open, giving a compliment, helping someone carry something, let someone decide what to watch on TV or give a helping hand. Remember that a little bit of Kindness doesn’t cost a thing!

Where’s Seemore Competition

Answer: 13

......and the winners are:

K-2
Tarli Davies

3-6
Malachy Walker

$2 Canteen Voucher will be given out at Friday’s Assembly following result in Newsletter.
Stars of the Week 7th November 2014 - Stage 1


Students of the Week
Brittany Dowd, Ryan Atkins, Noah McCann, Mikayla Lord, Bindi Guerke, Indy Naylor, Elly Johnson, Drew Nicholson

School Awards
Connor Ford, Ella Williams, Charlotte Battiston, Jordan McPherson

Assistant Principal
Connor Ford, Ella Williams, Jordan McPherson, Benny Battiston, Anthony Fox, Carter Lambie, Chloe McCarthy, Charlotte Battiston

Principal’s Award
Sonny Breckenridge, Azhure Snowden, Poppie Edwards, Laila Heighington, Charlotte Battiston, Dominic Lambie, Anthony Fox, Jackson Purcell, Zabian Haigh

PAYMENTS FOR SWIM & SURVIVE ARE NOW DUE.
PLEASE PAY AS SOON AS POSSIBLE
SWIM & SURVIVE WILL RUN FROM 8TH TO 12TH DECEMBER

CANTEEN ROSTER
Thursday 20th
Helen

Friday 21st
Jodie

Wednesday 19th
Helen

Thursday 27th
Vicky Marriott

Friday 28th
Lee

Students of the Week

School Awards

Assistant Principal’s Awards

Nambucca Boatshed & Café
Buy One Coffee... Get One FREE!

CAFÉ
Breakfast, Lunch
Coffee & Cake

TACKLE SHOP
Rods, Reels, Bait, Boat/Kayak Hire
and all your fishing/boating requirements.

© Cafe: 6568 6511  Tackle Shop: 6568 6432
Riverside Drive, Nambucca Heads. Next To The RSL
COMMUNITY ANNOUNCEMENTS

**Abcare Coffs Harbour**

Abcare OOHIC is currently running a recruitment drive for Aboriginal Foster Carers for our Out of Home Care Program. Abcare are experiencing high demands from Community Services Northern Region, whom require placement of Aboriginal children/young people in the Coffs and Clarence areas. For this reason, Abcare are seeking expressions of interests for any potential Foster Carers in the area. Caring for our kids can be short term, long term, respite and/or emergency placements.

**What we can offer you:** Abcare OOHIC can provide Authorised Foster Carers with ongoing support from an Aboriginal Caseworker, training and a fortnightly Carers Allowance.

**Our basic requirements:** Abcare will consider all applications to become Foster Carer providing that the applicant has enough room in their home to house a child/young person, the applicant is over 18 years of age and meets Working with Children Check clearance.

Contact us now if you think you could open up your home to a child in need.

Contact Trent Matthews 66483080 or Trent@abcare.org.au

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**Little Aussie Songsters Competition**

An Australia Day competition where primary students can video their singing of our national anthem. For further details, visit http://www.aussievault.com.au/vault/136/detail/little-australian-songster.

The competition is now open and will close on Saturday 14 February 2015.

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**Ready for high school**

Just to let you know that the transition to High School, Ready for High School Checklist is now available in 36 languages. Search by language: http://www.schools.nsw.edu.au/languagesupport/documents/start_ss/rfhsc.php

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**Nambucca Exhaust & Brake**

For all your Mechanical Repairs Services & Pink Slips

See Jim or Wayne

Nambucca Industrial Estate, Monro St, Nambucca Heads

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**Jaaning tree**

We have started our pop up dinners!

If you would like to know the dates, location and menu for our upcoming pop ups simply visit our website and join our Food and Wine Club.

You will receive a newsletter via email with all the details.

dine@jaaningtree.com.au    www.jaaningtree.com.au
COMMUNITY ANNOUNCEMENTS

About
After a successful 2013 launch it's back on 29 and 30 November 2014. Joint project of the Rotary Clubs of Macksville and Nambucca Heads.

Mission
Nambucca River Festival - showcasing the richness and diversity of the beautiful Nambucca Valley.

Company Overview
A joint project of the Rotary Clubs of Macksville and Nambucca Heads will play host to Water Events, Fine Food Tasting and River Market, Carnival Rides, concert and Fire Works Show.

Music - concert stage, jazz, and blues band stage
Food - gourmet food marquees featuring the best of local food and wine
Water - continuous action featuring power boats, dragon boats, surf ski, kayaks, sailing races and water ski demonstrations
Kids - exciting rides, kids music and dance, circus acts—watch, listen and participate
Youth - school; raft races, rides, music, try out water sports, ski-boat tube rides
Seniors - activities during the week before and after the main festival.

For more information check out The Nambucca River Festival facebook site.

DJ Biz at 2NVR

If you love techno electronic music then this, all age, event, could be for you. On Friday 21 November 6-8pm, 2NVR, Nambucca Valley Radio will welcome DJ Biz to the airwaves at 834, Rodeo Drive, Tewinga. Bring your own nibbles and drinks and be part of this free live event or you can tune in to 105.9FM as it goes live to air or stream via www.2nvr.org.au

Biz is one of Australia's original djs/producers, and has been a key player in the game since the days of acid house and early rave.

He has worked with over 50 of the world's greats who have made their mark over the last two decades in the world of techno.

As a producer Biz has released over 20 records worldwide through UK and European distributors.

Currently Biz is concentrating 100% on getting his music out there and has just secured a deal with Crosstalk in Chicago, USA. soundcloud.com/biz