Principal’s Report

Buy a Bouncy Ball
Every year students from our school have an opportunity to visit Stewart House for a holiday in Sydney which includes learning in personal development, resilience, life skills and a health check. Stewart House is funded by donations from the staff and students in Public Schools. To support Stewart House we are selling high quality Hi-Bounce Balls for just $2.00 each. Bouncy Balls are available from the office student window before school or during recess and lunch.

What is Your Learning Goal?
Many students in Kindergarten and Stage 1 are working towards personal Learning Goals. Mr Kenny, Mrs Hullman, Mrs Coulter, Miss Attenborough, Mrs Makinson and all class teachers are working with students to achieve these goals. Sometimes the work is with the whole class, in small groups, with a learning partner who has a similar goal or individually with a teacher. We are also hoping students know what their next learning goal is and can tell you about it!

“Where in the World?”
Class rehearsals are underway for our musical “Where In The World”. Students should know what they need for their simple costume or props. The show hits the stage of our school hall on Wednesday 29 October 2014 at 5.00pm. Every student has a part in the production and entry for audience members is a gold coin donation on the night to support our Creative Arts programs.

Nambucca High Here We Come!
Transition to Nambucca High School starts tomorrow 16 October 2014 at 12 noon. Students will travel to the high school by bus and be dismissed from the high school at 3.15pm. Students who catch buses can catch the bus from Nambucca High.

Will you be a Scientist one day?
CSIRO scientists are with us tomorrow morning to demonstrate real science experiments and learning in an entertaining and engaging manner. Any outstanding money needs to be handed in at the office before school so that we are ready for a 9.00am start. Another great reason to be on time for school!

See you at the P&C Meeting!
Our P&C meets tonight in the school hall at 6.00pm. Agenda items include discussions with local school P&Cs to support Student Mental Health and ideas for school priorities for the next 3 years.

Keeping in touch
Cheryl Banks
Principal

www. nambuccahd-p.schools.nsw.edu.au
Email: nambuccahd-p.school@det.nsw.edu.au

Term 4
Week 2
15 October 2014

Calendar of Events

OCTOBER
16 CSIRO Show
16 Yr 6 Orientation NHHS
21 Yr6 Farewell Meeting 3.30
29 Musical - “Where in the World” 5pm

NOVEMBER
5 Kinder Orientation 2-3pm
7 NHPS Vs FPVC Challenge (Stage 2 & 3 only)
12 Kinder Orientation 2-3pm
19 Kinder Orientation 9-11am

DECEMBER
3 Carols Evening 5-7pm
4 Yr 6 Orientation NHHS
8-12 School Swimming Scheme Macksville Pool
11 Yr 6 Farewell
10 Reports Home
16 Presentation 11am
17 Last Day for Students
**Year 6 to 7 Orientation**

It’s a busy term for Year 6 students. Those going to Nambucca Heads High School next year will have their first transition afternoon this Thursday 16th October - 12 noon till 3.15pm. There will be a parent session the same day starting at 5.30pm and ending at approximately 7.00pm.

ALL PARENTS OF YEAR 6 STUDENTS AND PARENTS OF YEAR 5 STUDENTS are invited to attend this information session and introduction to what Nambucca Heads High School has to offer your children.

All are welcome

On Friday a smaller group will travel to NHHS for another transition activity.

Then on 30th October all Year 6 children attending NHHS in 2014 will attend a “Zombie Day” at the High School. This session will be a fun way to learn about infectious and non-infectious diseases. Two of the science teachers will run the course.

An Orientation Day will take place on 4th December.

A Learning Support teacher will come to our school to teach the children how to read timetables and site maps and familiarize them about school routines later this term.

So Nambucca Heads High School is looking great and our Year 6 children are getting very excited. High School doesn’t look so scary!

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**Grandparents Day Invite from Stage 1**

Everyone has fond memories of them being at their nan and pop’s place – it’s where you’d go to get the kind of love that only a grandparent can give.

This year Stage 1 will celebrate Grandparents Day by inviting all our wonderful Grandparents to visit the classrooms on Friday 24th October during the afternoon 2pm-3pm.

The students would love to share their learning experiences with their treasured Grandparents. Tea and coffee will be available in the Hall during the afternoon if Grandparents would like a cuppa during their visit. Looking forward to seeing many of our Grandparents, next week.

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**TUTTY’S**

**CONCRETE WATER TANKS & CONCRETING**

Call Mitch: 0423 315 051

Valla

- Shed Slabs
- House Slabs
- Driveways
- Paths
- Stencil & Exposed
- Suspended Slabs & Footings
- 45,000lt concrete tanks
- 90,000lt concrete tanks
- Tanks built on site

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**Pete & Ksenia’s Fruit & Veg**

The greengrocer who comes to you. Select your own fruit and veg. Very competitive prices

No delivery fee

Phone orders are welcome

Delivered after hours

0468 369 958 or 6568 8069

A LOCAL BUSINESS
Stage 1 Transition Class Swaps

How exciting for our Stage 1 students! Students will rotate around Stage 1 classrooms visiting other teachers over the next few weeks. We will provide a taster of other classrooms in preparation for a class and teacher change next year. Students will enjoy craft activities with their “new” teacher for the afternoon. Hopefully this will help all Stage 1 students feel comfortable in 2015 settling into their new classes as they will have visited the teacher and the classroom this year.

Enjoyable Maths at Home

Children learn maths best through activities that encourage them to:
- explore; think about what they are exploring; solve problems using information they have gathered themselves; explain how they reached their solutions.

Try this game called Lucky Number
This game will help with reading large numbers, place value and maths operations.

Materials
- Envelope
- Playing Cards with numbers 1 - 9 or make your own cards with numbers 1 - 9.
- Paper and pencil for each player.

Directions
The game consists of 5 rounds. The objective is to make the largest number. The winner gets 2 points.
Place the cards in the envelope. Players draw 3 lines on their paper and a box which is the garbage bin. One number is drawn out of the envelope at a time and players decide where to put it, writing the number on one of the lines or in the box. The box is the garbage bin if you don’t want the number. You can only discard one number. The number cannot be moved to a different space once written.
The number is returned to the envelope after each turn.
Four numbers are drawn and written down. The final numbers that were written down are read out and the largest number is the winner.

Variations
- The goal could be the smallest number
- The written number could have 4, 5 or 6 digits.
- Make a number as close to 500

BOOK CLUB
No 7
Orders Due by Thursday 23 October

No Late Orders will be taken

CANTENEEN
ROSTER
Thursday 16th
Vicky Marriott
Friday 17th
Mel Jarrett
Wednesday 22nd
Helen
Thursday 23rd
Lee
Friday 24th
Jodie

KALANG RIVER
SMASH REPAIRS
ABN: 71 239 811 250 License: MVRL41070
RUST REPAIRS - PANEL BEATING - RUST PROOFING
SPRAY PAINTING - INSURANCE REPAIRS
Wesley Chapman
Marina Crescent
Urunga NSW 2455
Ph: 6655 6611
Mob: 0411 465 391
kalangsmash@gmail.com
All Enquiries Welcome
Stars of the Week 10th October 2014


Students of the Week
Drey Mitchell, Teal Haigh, Titan Challenor Nicholas Davison, Poppie Edwards, Tihana Dell, Dominic Lambie, Zahaliah Reedy, Ryan Faulds, Jaylan Whelan

School Awards
Declan Irvine, Rosie Irvine, Poppie Edwards, Rowan Cook, Leonor Da Silva Pell, Jaxx Eadie.

Where's Seemore Competition

Competition commencing again for Term 4.

Answer: 13

......and the winners are:
Year K-2
Rachael Purcell

Year 3-6
Domynique Byrt

$2 Canteen Voucher will be given out at Friday’s Assembly following result in Newsletter.

ATTENTION
2B!
2B will be walking to the beach on Friday to do some filming and photography at our local environment. Please make sure your child has a hat and drink bottle on Friday. Thank you
Mrs Battiston

Nambucca Boatshed & Café

CAFÉ
Breakfast, Lunch
Coffee & Cake

TACKLE SHOP
Rods, Reels, Bait, Boat/Kayak Hire
and all your fishing/boating requirements.

Nambucca Dental Surgery
Child Dental Benefit Scheme
We Bulk Bill
Phone today for your appointment at our family friendly practice
COMMUNITY ANNOUNCEMENTS

**WHY DON'T WE SELL RED FOODS?**

**RED foods:**
- Have little to no nutritional value
- Are high in saturated fat, sugar, and/or salt
- Can contribute excess energy

If we assess a food to be RED it cannot be displayed on our menu, and can only be sold twice per term.

Common red foods are confectionary, deep fried food, soft drinks, some cakes, ice-creams, snacks and biscuits.

For more info. visit www.healthy-kids.com.au

**GREEN FOODS**

**GREEN** foods are good sources of nutrients. They contain less saturated fat, sugar and salt and help kids avoid eating too many kilojoulies.

Popular **GREEN** foods sold in our canteen include:

- 
- 
- 

For more info. visit www.healthy-kids.com.au

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**ATTENTION!**

Year 6 Farewell meeting will be held on Tuesday 21 October at 3.30pm

Please join us for the P&C Meeting tonight 6pm in the School Hall. We would love to welcome some new faces.

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**Lunch box ideas**

Kids tired of the same old sandwiches for lunch each day? School A to Z's Lunchbox section has some fresh ideas to help busy parents add some healthy, fresh variety to school lunches.


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**Nambucca Exhaust & Brake**

For all your Mechanical Repairs Services & Pink Slips

See Jim or Wayne

Nambucca Industrial Estate, Monro St, Nambucca Heads

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We have started our pop up dinners!

If you would like to know the dates, location and menu for our up coming pop ups simply visit our website and join our Food and Wine Club.

You will receive a newsletter via email with all the details.

dine@jaaningtree.com.au  www.jaaningtree.com.au

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**P&C**

Please join us for the P&C Meeting tonight 6pm in the School Hall. We would love to welcome some new faces.
COMMUNITY ANNOUNCEMENTS

Motivating “laid-back” children

Why do some children prefer to lead a lazybones life, while others love to tear around the sports field?
Is it a hereditary trait?
And what can parents do to encourage those children to get up off the sofa, or switch off the computer, and get a little physical?
Find out more: http://bit.ly/1s5TN5Z

Free Get Healthy Information and Coaching Service®

The Get Healthy Information and Coaching Service® is a free, confidential telephone-based Service which assists people in making positive lifestyle changes around healthy eating, physical activity and achieving a healthy weight.
All those who participate in the program will:-
Have their own personal health coach
Receive up to 10 free coaching calls
Receive support to make changes over 6 months
Receive an information booklet that provides you with information on what you need to do, and a coaching journal to write down your goals and actions
Have access to a website where you can download tools to keep track of your goals and help you keep an eye on your progress

Take the first step to a healthier, happier you, and talk to a Get Healthy Service Health Coach on 1300 806 258 and start your Journey NOW!

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