Bush Dance
Students have been learning to dance, the P&C are organised, the band is rehearsing and tickets are on sale for our Bush Dance with Tallowood Bush Band on Friday 15 March 2013 at 6.00pm. A barbeque will operate on the night with tickets available at the school office for $5.00 per person. Get your dancing shoes ready for a fun family night!

Parent Information Sessions
Thank you to the large number of parents who have attended Stage Information Sessions. Your children and teachers appreciate your support and involvement in our school. The Stage 3 Information Sessions are tomorrow afternoon from 12 noon until 5.00pm. Stage 3 are trialling individual appointments for parents this year.

Showtime
Our Showtime dancers are assisting with the sound and lighting design this Friday at Nambucca Heads High School. Our thanks to parents helping out with transport for this rehearsal. I know everyone is looking forward to this event on Thursday 11 April at 6.30pm.

Keeping In Touch
Cheryl Banks

Principal’s Report

www.nambuccahd-p.schools.nsw.edu.au
Email: nambuccahd-p.school@det.nsw.edu.au

COMING SOON
Save the Date

Friday
15th March
Family Bush Dance
Featuring
Tallowood Bush Band
(All students have been practising their bush dances)

See Flyer
**From the P&C**

**Easter Fundraiser**
Information about this year’s fundraiser went home last week. Please get you forms back in ASAP to avoid disappointment. If you did not receive it copies are available from the office.

**Uniforms**
Don’t forget to get your winter orders in by the due date, only 1 order will be placed. More order forms are available from the office.

**Photo Competition**
Reminder that the photo competition is still running. If you have any questions see Mrs Goodby at the hall in the mornings.

---

**Meet and Greet for Parents**
Our Tuesday Morning coffee Meet and Greet mornings of staff are nearing the end for now. Next Tuesday the Office Staff will be available on the morning for a coffee and a relaxed chat to parents. The following week will be members of the P&C and we would like to invite current P&C members to attend and meet with new and other parents who might be interested in having a chat about what P&C does in the school. If you would like to meet the Office Staff next Tuesday 9am is your opportunity. See you then. M Makinson.

**Parent Information Sessions**
It was pleasing to see large numbers of parents at the recent Stage 1 Class Information Sessions as part of our continuing commitment to keep our parents informed. We hope you were able to avail yourself of these sessions. Your next formal opportunity to speak to the class teacher is later this term when we will be holding parent teacher interviews. In the meantime, if you have any questions or concerns please don’t hesitate to speak to your child’s teacher. M Makinson

**Kinder 2013**
Congratulations to our Kindergarten 2013. Mrs Gerard, Mrs McKinney & Mrs Miller are very pleased with how quickly the Kinders have settled into school this year. The Kinders are all very excited to be at school, engaged and interested in activities and are very proud of themselves. A big thank you to parents, who should give themselves a pat on the back, for helping to prepare their children for school. Well done Kinder, Mrs Gerard, Mrs McKinney and Mrs Miller! M Makinson

---

**Canteen Roster**
**Thursday 28th Feb**
Cathy Mc

**Friday 1st March**
Serena

**Wednesday 6th March**
Kay Fletcher

**Thursday 7th March**
Lydia Monaghan

---

**Shop 313 Mann Street, Nambucca Heads**
**Phone: 6568 5554**

**For all your beauty needs**

**Chic Body & Beauty**

---

**THIS SPACE AVAILABLE FOR ADVERTISING FOR THE YEAR**
Contact the school on 6568 6411 for more information
Have you received the school kids bonus?

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013 – have you?

If you receive a family or income support payment, including Family Tax Benefit Part A, you could be eligible to receive $410 a year for each primary student and $820 a year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts and payments are made automatically so you don’t have to wait months to make a claim via your tax return. Unlike the ETR you can choose how you use the payment to best support your children’s education – whether it be school books, stationery, uniforms, school fees, or excursions.

Check your eligibility by visiting australia.gov.au/schoolkidsbonus and if you think you might have missed out on the January payment, contact Centrelink – either in person at a Centrelink-Medicare Office or by calling 132 468.

All about apostrophes

Not knowing where to place apostrophes can haunt people for their entire lives. Here’s an easy guide to help your child understand what they mean, how to use them and get them right, now.


When older kids struggle with reading

Should you let your reluctant teen reader choose magazines over books? If your child is still struggling to read and write, and they’re heading into high school, there are ways to get them on the right page.


Multiplication times tables


Sorting fact from fiction

Help your child develop their “dodgy website” antennae when doing homework. Here are ways your child can tell a good website — or any document — from a bad one.

**Stars of the Week Friday 22 February**

Ruby-Mae Matthews, Aaliyah Hodnett-Daly, Jaxon McQueen, Zade Wright, Lily Hollister, Elora Flower-Emblen, Koby Loughton, Kye Davies, Ava Hodnett-Daly, Jett Weaver, Jaryn Rowlette, Ryan Atkins, Declan Irvine, Isaac Jones, Chloe Keppie, Conner Green, Kaylan McGrath, Logan Mackney, Tilisha James, Yazmin Taylor, Amy Gooch, Titan Challenor, Jinarli Breckenridge, Cheyenne Baker, Bailey Thompson-Rowsell, Jye Kimber, Angus Kimber, Alex Cowan, Carly Robins, Dakirra Williams, Hannah Donnelly

**Students of the Week**

Lydia Peterson, Jay Fuller, Lily Kelsey, Erin Eadie, Jaxx Eadie, Sumah Robins, Leonor Pell, Bella Ronan, Elly Gooch, Koelby Welsh

**Stage 1 Award Recipients**

**Stage 2 Award Recipients**

**Stage 3 Award Recipients**

**WANTED UNIFORMS**

We would greatly appreciate donations of any out-grown uniforms in good condition for our clothing pool.

**STATEMENT OF ACCOUNT**

A statement for each family will be sent home with your eldest child this week listing payments due for School Contribution and any text books your child may need. Please check back of statement for new online payment details.

**REMEMBRER**

**STAGE 3**

**MEET THE PARENT AFTERNOON**

**Tomorrow Thursday 28th February.**

Please contact the office if you did not receive a note and would like to book an appointment on 6568 6411.

**2012 Year Book Update**

Final checking is underway. Still hoping for delivery by the end of term.

**SCHOOL BANKING THURSDAYS**

If you are a new banker please contact the school office to receive a starter pack.

**THIS SPACE AVAILABLE FOR ADVERTISING FOR THE YEAR**

Contact the school on 6568 6411 for more information.
COMMUNITY NEWS

Monday Afternoon Basketball for School Term 1

There are two sessions of Basketball on Monday afternoons:-
4pm - 5pm is for Primary School Children 8 years & under & beginners,
5pm - 6pm is for Primary school Children 9 years & over.

Where :-
Urunga Public School

Term 1. Dates 2013

Session Cost: There will be no cost for participation this term but for insurance reasons all players must be registered with the Bellinger Valley Basketball Association.
Drinks will be available for $1.00 ea.

For more information contact: Graeme Rose on 66555015.

REMINDER

There is no morning assembly on Wednesdays and Fridays.
Children need to arrive on time.

School is open from 8.30am and the morning bell rings at 8.55am

Nambucca Exhaust & Brake
For all your
Mechanical Repairs
Services
&Pink Slips
See Jim or Wayne
Nambucca Industrial Estate, Monro St, Nambucca Heads
Phone: 6568 7608

Our locally sourced menu has plenty of tasty options with our native twist.

Call now to secure a table, 02 6569 4444
website: www.jaaningtree.com.au
SPORT

Mid North Coast Swimming Carnival

The Mid North Coast Swimming Carnival was postponed on Monday due to flooding. The carnival will now be held tomorrow Thursday 28th February at the Coffs Harbour Pool.

Good luck to all our swimmers:

Isaac Jones, Alex Cowan, Charlotte Williams, Ella Williams, Bella Ronan, Sumah Robbins, Angus Kimber, Liam Jones, Koelby Welsh, William McKinney, Isaac Hodnett Daly, and Bradley Stone.

Friday School Sport Stages 2 and 3

Unfortunately the rainy weather washed out the first week of sport choices last Friday. We are hoping for better weather this Friday.

Wednesday Tennis

Tony Pollack, Nambucca’s new Tennis Coach has been coaching classes 2B, 2-3F, 3-4P and 3-4B on a Wednesday between recess and lunch.

While the clinic is tennis orientated many of the skills developed can be used in other sports e.g hand eye co-ordination, throwing, catching and batting. The clinic also covers many of the gross motor skills in the NSW Teaching Syllabus. It’s not too late to sign up if you are in these classes, just ask your teacher how.

The 2013 Health Calendar has been compiled by the Mid North Coast Local Health District.

The Aim of the Calendar

This Resource has been produced in order to provide preschools, early childhood centres, primary and secondary schools with easy to understand nutrition dates and ideas for fun physical activities.

We will try to include the monthly information page each month. If you receive your newsletter electronically a copy will also be attached.

February

Green Vegetables
Asparagus, cabbage, artichoke, cauliflower, cucumber, spinach, broccoli, bok choy and lettuce

Green Fruit
Kiwi fruit, honeydew melon, limes, green apples, pears, green grapes

Blue vegetables
Blue corn and blue potatoes

Blue Fruit
Blueberries

Morning Tea Recipe
Apple Bran Muffins

Ingredients
- 300g bran
- 1 cup flour
- 1 cup brown sugar
- 1 cup milk
- 1 beaten egg
- 1/4 cup oil

Method
1. Preheat oven to 180°C (350°F) fan forced. Grease a 12 cup muffin pan with cooking spray and flour.
2. Add all dry ingredients to a large mixing bowl. Gradually add grated apple, eggs, oil and water. Mix with a wooden spoon for 1 minute.
3. Bake for 20-25 minutes or until golden.

Ovarian Cancer Month
Ovarian cancer month promotes awareness of ovarian cancer by highlighting the symptoms and raising funds for ovarian cancer research and programs.

The official colour for ovarian cancer awareness is teal, a mix between blue and green. Teal ribbons can be bought to promote awareness of ovarian cancer.

Throughout February many places host a ‘morning tea’ or ‘afternoon tea’ to raise awareness and funds for this worthy cause.

CAR DETAILING
AMAZING WE COME TO YOU


Nambucca Heads based company servicing
Coffs Harbour to Kempsey
Dane & Johanna LeFranc 0448 433 952 or 6568 5370